

# SENIOR SERVICES ASSOCIATES, INC.

KANE COUNTY | KENDALL COUNTY | McHENRY COUNTY

Information • Assistance • Resources • Programs • Services

Dedicated to preserving seniors independence, promoting mental and physical well-being and protecting their rights and dignity.

Aurora 630.897.4035 | Crystal Lake 815.356.7457 | Elgin 847.741.0404  
McHenry 815.344.3555 | Yorkville 630.553.5777

## HOW ARE YOU FEELING?

If you are experiencing a fever, cough or shortness of breath, please seek immediate medical attention.

Feeling anxious about the current changes? Please call us for guidance and advice.

If you feel lonely, you can reach the Institute on Aging's Friendship Line: 800.971.0016



## DO YOU HAVE ENOUGH FOOD TO EAT?

Senior Services Associates provides access to home delivered meals, food pantry items, and proxy shoppers who will do the shopping for you. We are here to assist you to **BE HEALTHY** - at no cost to you.



## WHAT DO YOU NEED? WE CAN HELP!

Do you have prescriptions which need to be refilled?

Are you running out of household cleaning supplies, personal hygiene items, or personal medical care supplies? **CALL US**



## DO YOU NEED TRANSPORTATION?

Senior Services Associates assists with transportation to/from medical appointments. Volunteers provide free transportation for seniors. Contact us in advance when possible, so we can arrange your ride.



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For up-to-date information, visit us our website:

[www.seniorservicesassoc.org](http://www.seniorservicesassoc.org)

STAY WELL • REMAIN VIGILANT • TAKE CARE

